We claim:

- 1. A method of isolating RNA from a biological specimen comprising:
- (a) contacting the biological specimen with an admixture of (i) a mono-phasic solution of phenol and guanidine isothiocyanate, and (ii) a lysis buffer under conditions and for a time appropriate to form a homogenate;
- (b) admixing the homogenate with a waterimmiscible organic solvent under conditions and for a time appropriate to form an aqueous phase and an organic phase;
- (c) contacting the aqueous phase with a C_1-C_4 lower alcohol under conditions and for a time to form a precipitated RNA; and
 - (d) recovering the precipitated RNA.
- 2. The method of claim 1 wherein said biological specimen is first contacted with a lysis buffer followed by a mono-phasic solution of phenol and guanidine isothiocyanate.
- 3. The method of claim 1 wherein the RNA isolated is total RNA.
- 4. The method of claim 3 wherein said biological specimen is a Gram-positive bacterium.
- 5. The method of claim 1 wherein the biological specimen is a clinical isolate of a microorganism.

- 6. The method of claim 5 wherein the microorganism is a bacterium, a virus, a fungus, or a combination thereof.
- 7. The method of claim 6 wherein the biological specimen is obtained from a human, animal, plant or microbe.
- 8. The method of claim 1 wherein the lysis buffer comprises a chelating agent and a dispersing agent.
- 9. The method of claim 8 wherein the chelating agent is EDTA, EGTA, or a combination of both.
- 10. The method of claim 8 wherein the dispersing agent is a detergent.
- 11. The method of claim 8 wherein the dispersing agent is a surfactant.
- 12. The method of claim 11 wherein the surfactant is N-lauroylsarcosine, sodium lauryl sulfate or a mixture thereof.
- 13. The method of claim 1 wherein the water-immiscible organic solvent is chloroform, carbon tetrachloride, or a mixture thereof.
- 14. The method of claim 1 wherein the $C_1\text{-}C_4$ lower alcohol is ethanol, methanol or isopropyl alcohol.

- 15. A composition that comprises an admixture of (i) a mono-phasic solution of phenol and guanidine isothiocyanate and (ii) a lysis buffer.
- 16. A kit comprising at least one vessel that contains (i) a mono-phasic solution of phenol and guanidine isothiocyanate and (ii) a lysis buffer.
- 17. The kit of claim 16 wherein said (i) a mono-phasic solution of phenol and guanidine isothiocyanate and (ii) a lysis buffer are held in separate vessels.
- 18. The kit of claim 16 further including instructions for isolating RNA or total RNA from a biological sample.
- 19. The kit of claim 16 wherein the lysis buffer comprises a chelating agent and a dispersing agent.
- 20. The kit of claim 19 wherein the chelating agent is EDTA, EGTA or a combination of both EDTA and EGTA.
- 21. The kit of claim 16 wherein the dispersing agent is a detergent.
- 22. The kit of claim 16 wherein the dispersing agent is a surfactant.
- 23. The kit of claim 22 wherein the surfactant is N-lauroylsarcosine, sodium lauryl sulfate or a mixture thereof.